

Hillcrest Athletics

610 Hillcrest Drive, Fergus Falls, MN 56537

www.ffhillcrest.org

June 2011

Dear Hillcrest students and parents,

Hillcrest offers many opportunities for involvement in athletics. The following sports are offered:

Fall

Football
Volleyball
Boys & Girls Soccer

Winter

Boys Basketball
Girls Basketball
Cheerleading
Nordic Skiing

Spring

Baseball
Softball
Track
Golf

As a member of the Minnesota State High School League (MSHSL), we have many guidelines and requirements to follow in order to maintain eligibility. The following forms need to be turned in to Hillcrest *before you may participate* in any of the team practices. These forms may be downloaded from the Hillcrest website (www.ffhillcrest.org).

- MSHSL Athletic Eligibility Statement signed by parent and athlete.
- MSHSL Annual Health Questionnaire form filled out and signed by parent and athlete.
- Student **Physical Form** – valid for three years.
- Hillcrest Academy sport participation form filled out and signed by parent and athlete.
- Athletic fee (\$150 for 9-12, \$80 for 7-8) must be paid before you may practice. (This fee will not be put on your bill. It must be paid separately, up front.)

If you are a transfer student (first year at Hillcrest), you will need to turn in:

- Official transcript from previous school
- Student Transfer Report (available on website)

Practice for the fall sports begin on **Monday, August 15th**. As we get closer to the starting date, we will post the practice times on the Hillcrest website under Athletics. This first week of practice will include conditioning and skill practice for each sport. (Start conditioning this summer so you'll be ready!) There will also be an all-sport TEAM time in the chapel in the evenings as a time to interact, set goals, and get in the Word. Dorm students need to make plans with Resident Life Staff.

Please take time to fill out all the forms and return them to Hillcrest as soon as possible. We look forward to seeing you soon.

Yours in Christ,

The Athletic Department